



Healthy Mouth = Healthy Child

# FREE DENTAL SERVICES AT YOUR CHILD'S SCHOOL

Please return a signed permission slip to use this free service.

## Services include:

- 🦷 Free dental screening— *Our dental professional looks in the student's mouth to check the overall health of teeth and gums.*
- 🦷 Free dental sealants— *Coatings put on the student's back teeth to prevent cavities.*
- 🦷 Free Fluoride— *Brushed on teeth, this vitamin makes teeth stronger and prevents cavities.*

## Why you should sign your child up for free services:

- 🦷 Healthy teeth are important to your overall health.
- 🦷 When dental sealants are done in school, you miss less work, and your child misses less school.
- 🦷 Dental sealants are done by dental care professionals.
- 🦷 See your dentist at least once a year.



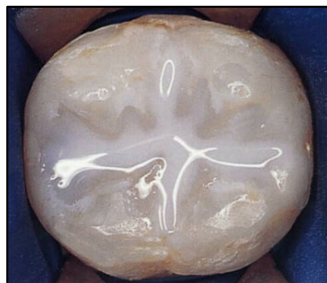
Fluoride is put onto teeth with a small brush.

For more information,  
please call us at  
**503-521-7166**

Before Sealant



After Sealant



## The Problem: Cavities

- Cavities are the most common childhood disease.
- About 50% of children aged 5-11 years have at least one cavity<sup>1</sup>.

## The Solution: Dental Sealants

- Students who receive sealants have 50% fewer cavities than students who do not<sup>2</sup>.
- Fluoride application prevents 43% of cavities in permanent teeth and 37% of cavities in baby teeth<sup>3</sup>.

<sup>1</sup> CDC. Children's Oral Health. [https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html#:~:text=More%20than%20half%20of%20adolescents,one%](https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html#:~:text=More%20than%20half%20of%20adolescents,one%20)

<sup>2</sup> Community Preventive Services Task Force. (2017) Improving Oral Health: School-Based Dental Sealant Delivery Programs. <https://www.thecommunityguide.org/sites/default/files/assets/OnePager-OralHealth-School-Sealants.pdf>

<sup>3</sup> Marinho VCC, Worthington HV, Walsh T, Clarkson JE. Fluoride varnishes for preventing dental caries in children and adolescents. *Cochran Database of Systematic Reviews* 2013, Issue 7. Art. No: CD002279. DOI: 10.1002/14651858